

Healthy and Delicious

Book topic	NY SCI Unit 2: 4.2a–b, 5.1a, 5.3a	Growth is the process by which plants and animals increase in size. Food supplies the energy and materials necessary for growth and repair. All living things grow, take in nutrients, breathe, reproduce, and eliminate waste. Humans need a variety of healthy foods, exercise, and rest in order to grow and maintain good health.	
	CA HEALTH 1.1.N– 1.5.N	Classifying various foods into appropriate food groups. Identify the number of servings of food from each food group that a child needs daily. Discuss the benefits of eating a nutritious breakfast every day. List the benefits of healthy eating (including beverages and snacks). Describe the benefits of drinking water in amounts consistent with current research-based guidelines.	
	TEKS 2 HEALTH 1c–1d	Identify food groups and describe the effects of eating too much sugar and fat such as knowing that sugar causes dental cavities; identify healthy and unhealthy food choices such as a healthy breakfast and snacks and fast food choices.	
Comprehension strategies lesson	CCSS RI.2.1	Ask and answer such questions as who, what, where, when, why, and how to demonstrate understanding of key details in a text.	
	TEKS G2 6.B	Generate questions about text before, during, and after reading to deepen understanding and gain information	
	TEKS G2 13.A	Generate questions for formal and informal inquiry with adult assistance	
	CCSS RI.2.6	Identify the main purpose of a text, including what the author wants to answer, explain, or describe.	
	TEKS G2 9.D.i	Recognize characteristics and structures of informational text, including the central idea and supporting evidence with adult assistance	
Writing activities	CCSS W.2.3	Write narratives in which they recount a well-elaborated event or short sequence of events, include details to describe actions, thoughts, and feelings, use temporal words to signal event order, and provide a sense of closure.	
	TEKS G2 12.A	Compose literary texts, including personal narratives and poetry.	
	CCSS W.2.2	Write informative/explanatory texts in which they introduce a topic, use facts and definitions to develop points, and provide a concluding statement or section.	
	TEKS G2 12.B	Compose informational texts, including procedural texts and reports.	
	TEKS G2 12.C	Compose correspondence such as thank you notes or letters.	
	CCSS W.2.1	Write opinion pieces in which they introduce the topic or book they are writing about, state an opinion, supply reasons that support the opinion, use linking words (e.g., because, and, also) to connect opinion and reasons, and provide a concluding statement or section.	
	CCSS W.2.8	Recall information from experiences or gather information from provided sources to answer a question.	
	TEKS G2 7.E	Interact with sources in meaningful ways such as illustrating or writing.	
F-L-T correlations	Diagrams and Maps	CCSS RI.2.7	Explain how specific images (e.g., a diagram showing how a machine works) contribute to and clarify a text.
		TEKS G2 9.D.ii	[Recognize] features and graphics to locate and gain information
	Nouns	CCSS L.2.1.b	Form and use frequently occurring irregular plural nouns (e.g., feet, children, teeth, mice, fish).
		TEKS G2 11.D.iii	[Edit using] singular, plural, common, and proper nouns
	Punctuation	CCSS L.2.2.b	Use commas in greetings and closings of letters.
TEKS G2 11.D.x			

			[Edit using] end punctuation, apostrophes in contractions, and commas with items in a series and in dates
	Glossary	CCSS L.2.4e	Use glossaries and beginning dictionaries, both print and digital, to determine or clarify the meaning of words and phrases.
		TEKS G2 3.A	Use print or digital resources to determine meaning and pronunciation of unknown words